

Are there any costs?

No.

You will not be charged for using our services.

Is the service private and confidential?

Yes.

We **do not share any information** about you or our advice unless **you decide** to do so. So no one will ever need to know you contacted us.



Our work is **dedicated to women's decisions** in accordance to **women's rights**.



How to reach us

By phone + 49 (0)761 285 85 85
24/7: Always available – every day, night or daytime

By email info@frauenhorizonte.de

By appointment or walk in

Basler Str. 8

79100 Freiburg

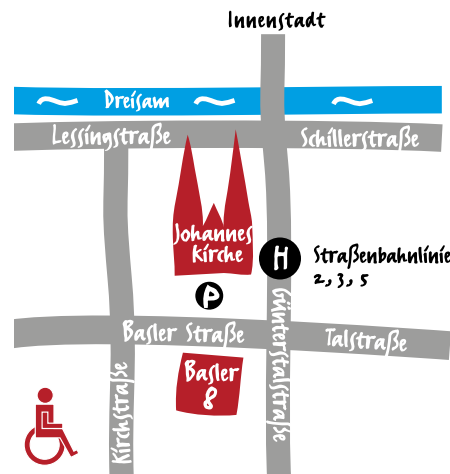
Open

Monday – Thursday 9 am – 6 pm

Friday 9 am – 1 pm

Online counselling

frauenhorizonte.beranet.info/startseite.html



By tram 2,3,5 Stop Johanneskirche
Handicapped accessible

This flyer originated from a cooperation with migrant women. The project was supported by



Support & help for girls and women

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 **frauenhorizonte**
GEGEN SEXUELLE GEWALT

Insecure about interpersonal contact?

Threatened by sexual violence?

**Afraid of or suffering sexual harassment
at work, in public, at home?**

After an acute incidence of sexual violence

Do you need immediate help?

On-call-duty – After an acute incident of sexual violence we can be reached on our emergency number 24/7.

HELP IN FREIBURG

Frauenhorizonte – Against sexual violence
phone + 49 (0)761 285 85 85

HELP ALL OVER GERMANY

The Violence against women support Hotline
phone +49 (0)8000 116 016

Available around the clock, 365 days a year, 24-hour hotline and free of charge: competent advice securely, anonymously and regardless of disability. The counsellors provide women with confidential support and if needed can help them find appropriate local support options in their area.

Are you unsure about what happened?

Your body – Your choice

Sexual violence is forbidden by all means.

**That includes everything from unwanted touching,
verbal harassment to extreme sexual violence.**



Who is Frauenhorizonte – against sexual violence?

- We are an independent NGO.
- Frauenhorizonte, located Basler Str. 8, Freiburg, is a safe place for girls & women.
- All our staff are women.
- We support girls & women who are threatened with sexual violence in public, at home, at work.

How can we at Frauenhorizonte help you?

We look at different possibilities with you

- We offer psychological support & therapeutic treatment
- You can try our online consulting
- We advise you on the phone, personal, or online
- We stay at your side and support you
 - e.g. going to the hospital
 - e.g. going to a lawyer
 - e.g. making official complaints after sexual harassment at work (We work with international translators.)

We listen, we advise, we accompany.
We present possibilities – you decide.

